
Small Groups and Home Study

Week of June 3rd, 2018



Opening Prayer

A member of the group may open the time with prayer.

Focus on the Scripture :

Exodus 20:1-17

1. Read from more than one translation of the Bible.
2. Are there any notable differences between these translations?
3. If any, name the main people, locations, events, things that are mentioned in the reading.
4. Which stories or events come before or after this reading? Do you see a connection?



Questions for Group Discussion

1. Is it important for you to rest?
2. When do you find time for rest?
3. Does the Sabbath depend on whether you are retired, working, unemployed?
4. Who is the Sabbath for? Who is it not for?
5. What does Jesus say about the Sabbath? (Matthew 12) What was this in reaction to?
6. Is it difficult for you to find a Sabbath? Which day works best for you?
7. How can we encourage Sabbath rest for all?
8. Can we rank the commandments? Where does the Sabbath commandment rank in terms of importance?
9. What would happen if you took a full day to rest?

Resources for further reading:

1. <https://www.inc.com/john-eades/chick-fil-a-opened-on-a-sunday-its-a-brilliant-lesson-for-any-business.html>
2. Brueggemann, Walter. *Sabbath as Resistance: Saying No to the Culture of Now*. Westminster/John Knox Press, 2014.
3. Magonet, Jonathan. *A Rabbi Reads the Bible*. SCM, 2004.
4. Kalas, J. Ellsworth. *The Ten Commandments from the Back Side*. Abingdon Press.
5. <https://www.redletterchristians.org/deeper-meanings-for-sabbath-keeping>